

Make Your Wishes Known



Imagine...

If you experienced a severe health crisis and were unable to communicate your wishes... Would your loved ones be able to answer difficult questions during a health emergency? There may come a day that you become too ill to make decisions about your medical care. If such an event occurs, the decisions will have to be made for you. This responsibility can be very difficult for loved ones during those challenging times. Difficult questions concerning being on life support or inserting feeding tubes could be directed by you ahead of time, making it easier on loved ones and those making medical decisions. There is comfort in knowing that your loved ones and or medical health professionals, will clearly understand your wishes and act directly on your behalf using an Advanced Directive.

What is an Advance Health Care Directive?

An Advance Health Care directive is a free document giving direction to health care providers about what treatment choices you would like in certain situations.

It allows you to do two things:

- * Appoint another person to speak on your behalf should you lose the capacity to make your own decisions. This person will make sure your medical care wishes are met.
- * You may also document your medical care wishes in your Advance Directive. For example, would you want extreme measures taken to keep you alive or would you rather have nature take its course without medical intervention, even if it meant you may pass on sooner?

Who do I discuss this with if I have additional questions?

Your healthcare provider can answer any questions you may have regarding your Advance Directive and make sure your wishes are respected. You should also speak with your loved ones, right now that you are healthy, about what medical care decisions you would want in case you become severely ill and unable to communicate. If you would like an example of an Advance Health Care Directive to fill out and discuss with your loved ones, please ask your health care provider or visit our website www.ivfcmg.com >My Health>Patient Forms. Once completed, you can take it to be notarized and copies may be given to your loved ones, but most importantly to your health care provider. You may change your mind or revoke your Advance Directive at anytime, but always remember, discuss your wishes with your healthcare provider.